

TIP SHEET: COVID-19 & CHILD CARE

With most schools still having some form of remote learning due to COVID-19, coordinating child care can be extremely difficult, whether you work in-person or remote. Below are suggested ways to navigate child care during this time.

IN YOUR NETWORK

- Reach out to family members, stay-at-home parents or friends who may be available to assist you.
- Working an opposite shift of the secondary parent (if applicable) can help cover needed supervision while both remain productive.
- Coordinate with co-workers, if possible, to watch each other's child(ren).
- Ask your supervisor if they can assist in coordinating creative care solutions. If you're a supervisor, help to be as flexible as possible to accommodate coordination being attempted by employees in accordance with your business practices.

COMMUNITY RESOURCES

- Check for resources from your school and/or child care center about temporary care providers, such as school staff and child care workers. These caregivers will be CPR and First Aid certified, a particularly good option for children with special needs to be accommodated.
- Post to social media or online parenting groups to find additional child care options.
- Post to Nextdoor (<https://nextdoor.com/>) to see if anyone in your surrounding neighborhood could care for your child(ren).
- Search for local grassroots child care co-ops and matching services that are quickly coming online to help address needs during this time.
- Contact your local United Way about local child care resources (<https://www.unitedway.org/find-your-united-way>).

IN-HOME CARE PROVIDER WEBSITES

The websites listed below are online posting boards that allow parents to place an advertisement for a caregiver or browse the resumes of nannies and babysitters who are looking for a child care position. Please note that there may be fees associated with these services and that parents are responsible for checking references. Some sites partner with background check agencies whose services are available for an additional fee.

- <http://www.gonannies.com>
- <http://www.care.com>
- <https://www.seekingsitters.com>
- <https://www.care4hire.com>
- <https://www.nannylane.com>
- <http://www.sittercity.com>
- <https://www.urbansitter.com/>